

iSideSleep

Suitability Scale

1. Have you tried and failed with other sleep solutions? **Y / N**
2. Are you awakened, or have trouble falling asleep due to arm, shoulder, hand or back pain? **Y / N**
3. Are you a heavy snorer? **Y / N**
4. Does your movement or snoring affect others in your bed or household? **Y / N**
5. Do you toss and turn in bed, unable to find and stay in a comfortable position? **Y / N**

If you answered Yes to any of these questions, The iSideSleep Mattress may be right for you.



***Get the bed, that gets YOU,
Get the iSideSleep Mattress,
The Shoulder-Saver, Side- Sleeper,
Body-Alignment Comfort Bed.***

iSideSleep & Squire Sleep Systems

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Seattle, WA 98103
Phone: 206-547-0447
E-Mail: info@squiresleep.com
Website: www.iSideSleep.com



**Lee A. Surkin MD, FACC, FCCP, FASNC -
Chief Medical Officer - Squire Sleep Systems**

Dr. Surkin is a Yale educated, triple board certified physician with a Masters in Nutrition practices, integrative cardiology, sleep medicine and bariatric medicine. Dr. Surkin is one of a very few number of Board Certified Cardiologists who is also Board Certified in Sleep Medicine in the US. Dr. Surkin focuses on the best of traditional and modern scientific medicine to help prevent, diagnose and treat heart disease, sleep disorders, and obesity. He balances optimal treatment with cost effective care for the best patient outcome. Dr. Surkin is the founder of The American Academy of Cardiovascular Sleep Medicine (www.aacsm.org), writes health columns and is a speaker in an effort to help educate individuals about the best ways to maximize cost effective health.

**For more information
Please go to www.iSideSleep.com**



**Squire Sleep Systems has
reinvented the bed to
optimally reposition the
body and deliver natural
therapy to those with
Sleep Problems.**

**Please see our video at
www.iSideSleep.com**

iSideSleep

Positional Therapy Mattress
Aligns the airway and allows you to sleep more comfortably on your side. The revolutionary arm channel reduces stress on the shoulder and arm joints, while the incline may provide relief for GERD.

Designed and manufactured to professional medical standards for use in a clinical environment, AND for use in the home. For those looking for a natural sleep solution or for those having difficulty using other therapies. Medical grade stretch cover move in every direction for those with sensitive skin, and is antimicrobial, allergen & bed bug resistant. State-of-the-art visco-elastic foams are made in the USA to high environmental standards. Adjustment accessories, high-quality 500 TC sheets, and pillows are all included in the Squire Sleep System Kit. FDA Registered as a Class I, Over the Counter Medical Device. Private Pay.



ASK YOUR HEALTHCARE
PROFESSIONAL IF THE
iSideSleep Mattress
IS RIGHT FOR YOU!

www.iSideSleep.com
Toll Free: 1-855-777-5857
Direct: 206-547-0447

Featuring:

- ◆ Side sleeper comfort
- ◆ High-end Memory Foam
- ◆ Highly adjustable
- ◆ Shoulder / Arm pain Relief
- ◆ Reduces tossing and turning
- ◆ Combine with any twin mattress for a King Bed with no motion transfer
- ◆ Great for cuddling
- ◆ All pillows & accessories included

*“The iSideSleep Mattress is, by far, the most comfortable bed I’ve ever slept on”—
Bryce Stevens*



*Adventure Athlete,
Founder of Trails.com,
and outdoor author.*

iSideSleep user since 2010

